



Spinach leaves 10/2.2lb

Feuilles d'épinard

PRODUCT OF FRANCE

40401



FROZEN VEGETABLES

IQF VEGETABLES

SPINACH

Product Description

- White Toque's line of gourmet vegetables is selected from the highest grade of specialty vegetables. Those vegetables are preserved by individually quick freezing to retain texture and flavor of the fresh produce. Compressed and pre-portioned whole spinach leaves with 30% of the moisture removed, for a better yield than regular IQF.

Pack and Case Specifications

Pack Net Weight

2.2lb

Packs per Case

10

Case Size (LxWxH)

15.75" x 10.24" x 11.02"

Case Cube

1.03ft3

Case Gross Weight

24lb

Cases per Pallet

60 (10/6)

Ingredients

Whole spinach leaves

Physical

Cut size: whole spinach leaves
Pellet weight: 2.1 to 2.3oz
Each bag contains about 15 pellets.

Nutrition

Nutrition Facts

Serving Size 3/4 cup (85g)
Servings Per Container 11

Amount Per Serving
Calories 30 Calories from Fat 0

% Daily Value*

Total Fat 0g 0%

Saturated Fat 0g 0%

Trans Fat 0g

Cholesterol 0mg 0%

Sodium 125mg 5%

Total Carbohydrate 3g 1%

Dietary Fiber 1g 4%

Sugars 1g

Protein 2g

Vitamin A 50% • Vitamin C 2%

Calcium 8% • Iron 4%

*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:

Calories: 2,000 2,500

Total Fat Less than 65g 80g

Saturated Fat Less than 20g 25g

Cholesterol Less than 300mg 300mg

Sodium Less than 2,400mg 2,400mg

Total Carbohydrate 300g 375g

Dietary Fiber 25g 30g

Calories per gram:
Fat 9 • Carbohydrate 4 • Protein 4

Organoleptic

Color: Dark green, characteristic of spinach
Flavor: Typical of spinach
Texture: Tender, not fibrous
Odor: Characteristic of spinach

Allergens

Cooking Directions

Stove Top

Thaw the spinach overnight. Saute with butter and season to taste.

Steamer:

Place frozen spinach in a steam tray. Cook for 8 to 10 minutes or until thawed. Season to taste.

Microwave.

Place frozen spinach in a dish. Cook at high setting 4 to 5 minutes. Stir halfway through. Season to taste.

Certificates and Claims

Storage and Shelf Life

Store in freezer below 0°F (-18°C). Keep frozen until ready to use. Do not thaw and refreeze. Unopened bags can be stored in the freezer for 24 months, opened bags for 1 month.

UPC code



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